



Weekly Meeting
Wellington Bridge Club 17 Tinakori Road
Noon for 12.25 PM

7 December
Roy Ferguson on Korea

DUTIES

Reflection	Peter Shanahan
Speaker Introduced by	Stephen Spence
Vote of Thanks	Bob Laybourn
Parting Thought	Rick Lowe
Attendance	David King
Fellowship	Maurice Manttan
Reset tables	Paul Tipping
AV Set-up	Tony fryer

14 December
Christmas Special
David Bennett on Uganda

At the end meeting Director of Katherine Mansfield House and Garden, Tamara Patten, will speak briefly on their new art exhibition, "Reflections: New Zealand Women in Art" and then lead interested members and partners across to view it.
The exhibits are very good - taken from the BNZ corporate collection. Katherine's father was a director of BNZ back in the 19th century.

DUTIES

Not known at this address

Apologies and guests advise
wnrmichael.gorman@gmail.com
by 10 AM Wednesday

EDITORIAL

In the absence of David Pickering for the last two meetings of the year, I was delegated to produce The Bulletin. However, fate intervened and, on Thursday, I was attending a funeral in Levin. Brian Poole kindly provided material from the meeting and I thank him for that. I apologise for the abbreviated publication and lateness of publication due to other commitments.

Recently I reflected on the changes in the club and its membership profile during the 39 years I have been a member. Amongst other things, I noted that the Bulletin hadn't changed very much in that time. In the early days it was manually compiled, typed, printed and distributed by post the following Monday. While the format hasn't changed much the opportunities for conveying the message have multiplied. The Revitalisation Committee will have compiled our thoughts on how we can take advantage of the opportunities that are out there.

Morris Robertson, Reserve Editor
mrps6T@gmail.com

LUNCHEON 14 DECEMBER
President Ross promises a surprise. Bring your partners and party hats and find out what fare is in store for you.

THE MAIN EVENT

Vice President Brian Poole chaired the meeting.

Topic – Asthma in the Environment – Have we made much progress?



The speaker - Jeroen Douwes, Professor of Public Health, Massey University.

Facts about asthma in New Zealand:

One in four children and one in fifteen adults affected

- The most common cause of childhood hospital admissions
- Fourth commonest cause of death in New Zealand
- An estimated cost of \$NZ825 million per annum

Worldwide 334 million people suffer from asthma and this is expected to increase

Have we made much progress?
Surprisingly/disappointingly little

Do allergens play a major role in primary causation? Possibly not

Factors relating to susceptibility
Western populations may have lost the protective effect of infection. Decreased family size increases risk of asthma

Gut microbial diversity is inversely associated with asthma.

Professor Douwes answered a wide range of questions and was thanked by Colin Lawton

PARTING THOUGHTS

From Bob Laybourn

If ignorance is bliss why are there not more happy people in the world. *Stephen Fry.*

and

An epidemiologist is a doctor broken down by age and sex.

CONTACTS

President – Ross Foubister
Secretary Stephen Spence
PO Box 22368, Khandallah Wellington 6441
Phone 970 7158

WEB SITES

www.wellingtonnorth.org.nz
www.healthyheroes.org.nz
www.rotary.org
www.rotarysouthpacific.org

EDITORS

Usually – David Pickering
Reserve - Morris Robertson

