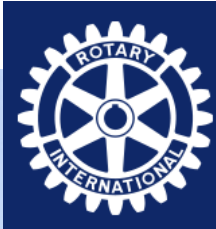




THE BULLETIN

ROTARY CLUB OF WELLINGTON NORTH
DISTRICT 9940



24 November 2016

Weekly Meeting Thursday
Wellington Bridge Club
17 Tinakori Road
Noon for 12:25 PM

1 December

Reading In Schools project feedback

Introduced by	<i>David King</i>
Vote of Thanks	<i>Laury Sinclair</i>
Parting Thought	<i>Ross Foubister</i>
Bring a Friend	
Cash Desk	<i>Kerry Ansell</i>
Attendance	<i>Sandy Brucesmith</i>
Fellowship	<i>Adrian Ellingham</i>
Tables	<i>Margaret Emerre</i>
AV	<i>Ross Foubister</i>

8 December

My Russian Connection
Artem Axenov

Introduced by	<i>Gerald McGhie</i>
Vote of Thanks	<i>Jeremy Spanjaard</i>
Parting Thought	<i>Alan Fraser</i>
Bring a Friend	
Cash Desk	<i>Kerry Ansell</i>
Attendance	<i>Sandy Brucesmith</i>
Fellowship	<i>Adrian Ellingham</i>
Tables	<i>Margaret Emerre</i>
AV	<i>Ross Foubister</i>

Apologies and guests advise

rotary@kaysan.co.nz

by 10 A.M. Wednesday

TODAY

Rory O'Connor reflected on the fact that the recent earthquake has reinforced the necessity to plan for the future. With the attraction of Rotary Kaukau for younger people and the ever increasing average age of our members Rory suggested that we might think about planning for the future of our club.

Laurie Bond had a pleasant surprise for us all. He announce that this was the 40th anniversary of his joining Rotary and to celebrate he had a cake which we would all get to share.



We enjoyed the cake and gave him a rousing "Happy Birthday"

President David reminded us of :

- Early Bird registration for District Conference 2107: save money by registering before 20 December



- Christmas dinner: 15 December. Our usual fare but with **Christmas pudding and custard** instead of fruit kebabs. (Well we can indulge ourselves once a year) Members \$5, visitors \$25. Please advise if you are bringing guests.

Another endorsement for Healthy Heroes. **Laury Sinclair** has received a letter from the Pharmacy Guild of New Zealand endorsing Healthy Heroes and promoting it to all their members!!!

“The Pharmacy Guild is pleased to endorse Healthy Heroes – we promoted the programme in our e-newsletter to all member pharmacies today. It is interesting to note that tobacco has fallen into third place behind diet and BMI as the leading causes of health loss in New Zealand. When looking specifically at cardiovascular disease, diet and blood pressure are the leading causes of health loss followed by BMI and cholesterol. The Healthy Heroes programme supports the Ministry of Health target to address childhood obesity; and demonstrates the value of closer to home health interventions.

We are pleased to endorse and support a community led programme that helps children build healthy habits. Kind Regards

Utsav Sharma MSc MBA Business Advisor

We also have ex-Wellington North member and now President of the Rotary Club of Takapuna, Kelly McLuckie, preparing to implement the programme in her club.

Maurice Scott thanked those members who went to the website and checked their membership details after last week’s address. Visits to the website on the Thursday doubled from around 40 average to over 80. That included 28 visits (and a number since then) to the “members only” section.

If you have not checked your details on the website, or in the directory emailed to you last Sunday, can you please advise any changes by this Sunday to Bob Laybourn laybourns@clear.net.nz The website home page lists on the right hand side the next five events and at the very bottom events further out. Clicking on the + sign will give you extra details such as regarding the Christmas Party and District Conference. With the latter there is a direct link to the conference website for convenience.

Quiz: Was won by Rory who eventually received the chocolate fish. (there was a delay in finding the fish and some concern as to its whereabouts – particularly as Rick was sitting next to Denys.

No HAPPY \$\$\$\$\$\$ this week but we will double up next week

TODAY'S GUEST SPEAKER

Graeme Waters introduced our member Aruna Abeygoonesekera, who apart from being on the staff of the Ministry of Social Development has been the Honorary Consul for Sri Lanka since 2007. Aruna was made a Member of the NZ Order of Merit this year for his contribution to Sri Lanka/New Zealand relations and the Sri Lankan community. (he was able to organize for two Sri Lankan tourists to be rescued from Kaikoura by Ritchie McCaw!!)

Aruna traced the history of immigration from Sri Lanka (or the former British colony of Ceylon) from the early 1800s noting that by 1901 there were over 100 in New Zealand. There was a steady flow of immigrants which was boosted in the 1950s with the advent of the Colombo Plan which provided for cooperation between Commonwealth countries to improve the living standards of people in their countries. Ceylon was one of the main countries that took up the offer of assistance from New Zealand. (Indeed the name of the plan comes from the fact that the agreement was signed in Colombo, Ceylon in January 1950. Medical and engineering training

were popular choices for students from Sri Lanka leading to New Zealanders meeting a Sri Lankan for the first time to assume they were a doctor or an engineer.



Aruna and Alan Fraser

Unrest in Sri Lanka in 1983 led to people leaving the country and by 2013 there were 11,000 Sri Lankans in New Zealand. They assimilate well, (while retaining their cultural identity) and because English is their second language, and the language of business, they do not experience difficulty with integrating into the business community.

A presentation full of interesting facts e.g. a military company, the Ceylon Planters Rifle Corp, fought alongside the ANZACS at Gallipoli

Ross Foubister gave the vote of thanks

PARTING THOUGHT

“We are a nation of communities...a brilliant diversity spread like stars, like a thousand points of light in a broad and peaceful sky” George H W Bush

ROTARY INTERNATIONAL

rotary.org

www.rotarysouthpacific.org

DISTRICT 9940

<http://rotaryforum.org.nz/>

CLUB CONTACTS

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www.wellingtonnorth.org.nz

<http://www.healthyheroes.org.nz/>

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Editor [David Pickering](#)